



**Everyone has questions
when caring for a young child.**

Help Me Grow promotes the healthy development of children up to age eight. All services are provided over the telephone or online and at no cost to the family.

When parents KNOW children GROW!

**If you have questions
about your child's development,
behavior, or learning,
Contact Help Me Grow
1-844-822-4MAC (4622)
www.mffk.gov**

Help Me Grow Mississippi

The Help Me Grow Mississippi centralized telephone access point has trained Child Development Specialists ready to assist callers. They answer parent and caregiver questions about children's behavior and development and connect families to resources and services in their community.

**You can reach Help Me Grow Mississippi
Child Development Specialists by calling
1-844-822-4MAC (4622)
from 8:00a.m.-5:00p.m., Monday-Friday
www.mffk.org**

Help Me Grow Mississippi services are confidential. It is the policy of Mississippi Families for Kids that all staff, volunteers, and interns agree to maintain the confidentiality of personal information and agree not to disclose personal information regarding a client.

